The Intercollegiate Surgical Curriculum

Educating the surgeons of the future

Core Surgical Training

From August 2015
Including Simulation

ISCP INTERCOLLEGIATE SURGICAL CURRICULUM PROGRAMME

Core Stage Topics

Module 1	**Basic sciences**
Objective	• To acquire and demonstrate underpinning basic science knowledge appropriate for the practice of surgery, including:- • Applied anatomy: Knowledge of anatomy appropriate for surgery • Physiology: Knowledge of physiology relevant to surgical practice • Pharmacology: Knowledge of pharmacology relevant to surgical practice centred around safe prescribing of common drugs • Pathology: Knowledge of pathological principles underlying system specific pathology • Microbiology: Knowledge of microbiology relevant to surgical practice Imaging: • Knowledge of the principles, strengths and weaknesses of various diagnostic and interventional imaging methods
Knowledge	Applied anatomy: • Development and embryology • Gross and microscopic anatomy of the organs and other structures • Surface anatomy • Imaging anatomy This will include anatomy of thorax, abdomen, pelvis, perineum, limbs, spine, head and neck as appropriate for surgical operations that the trainee will be involved with during core training (see Module 2). Physiology: General physiological principles including: • Homeostasis • Thermoregulation • Metabolic pathways and abnormalities • Blood loss and hypovolaemic shock • Sepsis and septic shock • Fluid balance and fluid replacement therapy • Acid base balance • Bleeding and coagulation • Nutrition This will include the physiology of specific organ systems relevant to surgical care including the cardiovascular, respiratory, gastrointestinal, urinary, endocrine and neurological systems. Pharmacology: • The pharmacology and safe prescribing of drugs used in the treatment of surgical diseases including analgesics, antibiotics, cardiovascular drugs, antiepileptic, anticoagulants, respiratory drugs, renal drugs, drugs used for the management of endocrine disorders (including diabetes) and local anaesthetics. • The principles of general anaesthesia • The principles of drugs used in the treatment of common malignancies Pathology: General pathological principles including: • Inflammation • Wound healing • Cellular injury • Tissue death including necrosis and apoptosis • Vascular disorders • Disorders of growth, differentiation and morphogenesis • Surgical immunology • Surgical haematology

	• Surgical biochemistry • Pathology of neoplasia • Classification of tumours • Tumour development and growth including metastasis • Principles of staging and grading of cancers • Principles of cancer therapy including surgery, radiotherapy, chemotherapy, immunotherapy and hormone therapy • Principles of cancer registration • Principles of cancer screening • The pathology of specific organ systems relevant to surgical care including cardiovascular pathology, respiratory pathology, gastrointestinal pathology, genitourinary disease, breast, exocrine and endocrine pathology, central and peripheral, neurological systems, skin, lymphoreticular and musculoskeletal systems Microbiology: • Surgically important micro organisms including blood borne viruses • Soft tissue infections including cellulitis, abscesses, necrotising fasciitis, gangrene • Sources of infection • Sepsis and septic shock • Asepsis and antisepsis • Principles of disinfection and sterilisation • Antibiotics including prophylaxis and resistance • Principles of high risk patient management • Hospital acquired infections Imaging: • Principles of diagnostic and interventional imaging including x-rays, ultrasound, CT, MRI. PET, radionuclide scanning

Module 2	**Common Surgical Conditions**	
Objective	This section assumes that trainees have general medical competences consistent with a doctor leaving Foundation in the UK. It also assumes an ongoing commitment to keeping these skills and knowledge up to date as laid out in GMP. It is predicated on the value that surgeons are doctors who carry out surgery and require competence. To demonstrate understanding of the relevant basic scientific principles for each of these surgical conditions and to be able to provide the relevant clinical care as defined in modules assessment and management as defined in Modules 1 and 4.	
Topics	Presenting symptoms or syndromes • Abdominal pain • Abdominal swelling • Change in bowel habit • Gastrointestinal haemorrhage • Rectal bleeding • Dysphagia • Dyspepsia • Jaundice	To include the following conditions • Appendicitis • Gastrointestinal malignancy • Inflammatory bowel disease • Diverticular disease • Intestinal obstruction • Adhesions • Abdominal hernias • Peritonitis • Intestinal perforation • Benign oesophageal disease • Peptic ulcer disease • Benign and malignant hepatic, gall bladder and pancreatic disease • Haemorrhoids and perianal disease • Abdominal wall stomata
	Breast disease • Breast lumps and nipple discharge • Acute Breast pain	To include the following conditions • Benign and malignant breast lumps • Mastitis and breast abscess
	Peripheral vascular disease	To include the following conditions

	Presenting symptoms or syndrome • Chronic and acute limb ischaemia • Aneurismal disease • Transient ischaemic attacks • Varicose veins • Leg ulceration	• Atherosclerotic arterial disease • Embolic and thrombotic arterial disease • Venous insufficiency • Diabetic ulceration
	Cardiovascular and pulmonary disease	To include the following conditions • Coronary heart disease • Bronchial carcinoma • Obstructive airways disease • Space occupying lesions of the chest
	Genitourinary disease Presenting symptoms or syndrome • Loin pain • Haematuria • Lower urinary tract symptoms • Urinary retention • Renal failure • Scrotal swellings • Testicular pain	To include the following conditions • Genitourinary malignancy • Urinary calculus disease • Urinary tract infection • Benign prostatic hyperplasia • Obstructive uropathy
	Trauma and orthopaedics Presenting symptoms or syndrome • Traumatic limb and joint pain and deformity • Chronic limb and joint pain and deformity • Back pain	To include the following conditions • Simple fractures and joint dislocations • Fractures around the hip and ankle • Basic principles of Degenerative joint disease • Basic principles of inflammatory joint disease including bone and joint infection • Compartment syndrome • Spinal nerve root entrapment and spinal cord compression • Metastatic bone cancer • Common peripheral neuropathies and nerve injuries
	Disease of the Skin, Head and Neck Presenting symptoms or syndrome • Lumps in the neck • Epistaxis • Upper airway obstructions	To include the following conditions • Benign and malignant skin and subcutaneous lesions • Benign and malignant lesions of the mouth and tongue
	Neurology and Neurosurgery Presenting symptoms or syndrome • Headache • Facial pain • Coma	To include the following conditions • Space occupying lesions from bleeding and tumour
	Endocrine Presenting symptoms or syndrome • Lumps in the neck • Acute endocrine crises	To include the following conditions • Thyroid and parathyroid disease • Adrenal gland disease • Diabetes

Module 3	**Basic surgical skills**
Objective	• Preparation of the surgeon for surgery • Safe administration of appropriate local anaesthetic agents • Acquisition of basic surgical skills in instrument and tissue handling. • Understanding of the formation and healing of surgical wounds • Incise superficial tissues accurately with suitable instruments.

	• Close superficial tissues accurately. • Tie secure knots. • Safely use surgical diathermy • Achieve haemostasis of superficial vessels. • Use suitable methods of retraction. • Knowledge of when to use a drain and which to choose. • Handle tissues gently with appropriate instruments. • Assist helpfully, even when the operation is not familiar. • Understand the principles of anastomosis • Understand the principles of endoscopy
Knowledge	Principles of safe surgery • Preparation of the surgeon for surgery • Principles of hand washing, scrubbing and gowning • Immunisation protocols for surgeons and patients Administration of local anaesthesia • Choice of anaesthetic agent • Safe practise Surgical wounds • Classification of surgical wounds • Principles of wound management • Pathophysiology of wound healing • Scars and contractures • Incision of skin and subcutaneous tissue: o Langer's lines o Choice of instrument o Safe practice • Closure of skin and subcutaneous tissue: o Options for closure o Suture and needle choice • Safe practice • Knot tying o Range and choice of material for suture and ligation o Safe application of knots for surgical sutures and ligatures • Haemostasis: o Surgical techniques o Principles of diathermy • Tissue handling and retraction: o Choice of instruments • Biopsy techniques including fine needle aspiration cytology • Use of drains: o Indications o Types o Management/removal • Principles of anastomosis • Principles of surgical endoscopy
Clinical Skills	Preparation of the surgeon for surgery • Effective and safe hand washing, gloving and gowning • Administration of local anaesthesia • Accurate and safe administration of local anaesthetic agent Preparation of a patient for surgery • Creation of a sterile field • Antisepsis • Draping
Technical Skills and Procedures	Preparation of the surgeon for surgery • Effective and safe hand washing, gloving and gowning

	Administration of local anaesthesia • Accurate and safe administration of local anaesthetic agent Incision of skin and subcutaneous tissue: • Ability to use scalpel, diathermy and scissors Closure of skin and subcutaneous tissue: • Accurate and tension free apposition of wound edges Knot tying: • Single handed • Double handed • Instrument • Superficial • Deep Haemostasis: • Control of bleeding vessel (superficial) • Diathermy • Suture ligation • Tie ligation • Clip application • Transfixion suture Tissue retraction: • Tissue forceps • Placement of wound retractors Use of drains: • Insertion • Fixation • Removal Tissue handling: • Appropriate application of instruments and respect for tissues • Biopsy techniques Skill as assistant: • Anticipation of needs of surgeon when assisting

Module 4	**The assessment and management of the surgical patient**
Objective	To demonstrate the relevant knowledge, skills and attitudes in assessing the patient and manage the patient, and propose surgical or non-surgical management.
Knowledge	The knowledge relevant to this section will be variable from patient to patient and is covered within the rest of the syllabus – see common surgical conditions in particular (Module 2). As a trainee develops an interest in a particular speciality then the principles of history taking and examination may be increasingly applied in that context.
Clinical Skills	Surgical history and examination (elective and emergency) Construct a differential diagnosis Plan investigations Clinical decision making Team working and planning Case work up and evaluation; risk management Active participation in clinical audit events Appropriate prescribing Taking consent for intermediate level intervention; emergency and elective Written clinical communication skills Interactive clinical communication skills: patients Interactive clinical communication skills: colleagues

Module 5	**Peri-operative care** **The assessment and management of the surgical patient**
Objective	To assess and manage preoperative risk To manage patient care in the peri-operative period To conduct safe surgery in the operating theatre environment To assess and manage bleeding including the use of blood products To care for the patient in the post-operative period including the assessment of common complications To assess, plan and manage post-operative fluid balance To assess and plan perioperative nutritional management To prevent, recognise and manage delirium in the surgical patient within the appropriate legal framework
Knowledge	Pre-operative assessment and management: • Cardiorespiratory physiology • Diabetes mellitus and other relevant endocrine disorders • Fluid balance and homeostasis • Renal failure • Pathophysiology of sepsis – prevention and prophylaxis • Thromboprophylaxis • Laboratory testing and imaging • Risk factors for surgery and scoring systems • Pre-medication and other preoperative prescribing • Principles of day surgery Intraoperative care: • Safety in theatre including patient positioning and avoidance of nerve injuries • Sharps safety • Diathermy, laser use • Infection risks • Radiation use and risks • Tourniquet use including indications, effects and complications • Principles of local, regional and general anaesthesia • Principles of invasive and non-invasive monitoring • Prevention of venous thrombosis • Surgery in hepatitis and HIV carriers • Fluid balance and homeostasis Post-operative care: • Post-operative monitoring • Cardiorespiratory physiology • Fluid balance and homeostasis • Diabetes mellitus and other relevant endocrine disorders • Renal failure • Pathophysiology of blood loss • Pathophysiology of sepsis including SIRS and shock • Multi-organ dysfunction syndrome • Post-operative complications in general • Methods of postoperative analgesia To assess and plan nutritional management • Post-operative nutrition • Effects of malnutrition, both excess and depletion • Metabolic response to injury • Methods of screening and assessment of nutritional status • Methods of enteral and parenteral nutrition Haemostasis and Blood Products: • Mechanism of haemostasis including the clotting cascade • Pathology of impaired haemostasis e.g. haemophilia, liver disease, massive haemorrhage • Components of blood

	• Alternatives to use of blood products • Principles of administration of blood products • Patient safety with respect to blood products Coagulation, deep vein thrombosis and embolism: • Clotting mechanism (Virchow Triad) • Effect of surgery and trauma on coagulation • Tests for thrombophilia and other disorders of coagulation • Methods of investigation for suspected thromboembolic disease • Principles of treatment of venous thrombosis and pulmonary embolism including anticoagulation • Role of V/Q scanning, CTpulmonary angiography, D-dimer and thrombolysis • Place of pulmonary embolectomy • Prophylaxis of thromboembolism: • Risk classification and management of DVT • Knowledge of methods of prevention of DVT, mechanical and pharmacological Antibiotics: • Common pathogens in surgical patients • Antibiotic sensitivities • Antibiotic side-effects • Principles of prophylaxis and treatment Metabolic and endocrine disorders in relation perioperative management • Pathophysiology of thyroid hormone excess and deficiency and associated risks from surgery • Causes and effects of hypercalcaemia and hypocalcaemia • Complications of corticosteroid therapy • Causes and consequences of Steroid insufficiency • Complications of diabetes mellitus • Causes and effects of hyponatraemia • Causes and effects of hyperkalaemia and hypokalaemia Delirium • Epidemiology and prognosis of delirium • Causes and clinical features of delirium • The impact of delirium on patient, family and carers
Clinical Skills	Pre-operative assessment and management: • History and examination of a patient from a medical and surgical standpoint • Interpretation of pre-operative investigations • Management of co morbidity • Resuscitation • Appropriate preoperative prescribing including premedication Intra-operative care: • Safe conduct of intraoperative care • Correct patient positioning • Avoidance of nerve injuries • Management of sharps injuries • Prevention of diathermy injury • Prevention of venous thrombosis Post-operative care: • Writing of operation records • Assessment and monitoring of patient's condition • Post-operative analgesia • Fluid and electrolyte management • Detection of impending organ failure • Initial management of organ failure • Principles and indications for Dialysis

	• Recognition, prevention and treatment of post-operative complications Haemostasis and Blood Products: • Recognition of conditions likely to lead to the diathesis • Recognition of abnormal bleeding during surgery • Appropriate use of blood products • Management of the complications of blood product transfusion Coagulation, deep vein thrombosis and embolism • Recognition of patients at risk • Awareness and diagnosis of pulmonary embolism and DVT • Role of duplex scanning, venography and d-dimer measurement • Initiate and monitor treatment of venous thrombosis and pulmonary embolism • Initiation of prophylaxis Antibiotics: • Appropriate prescription of antibiotics Assess and plan preoperative nutritional management • Arrange access to suitable artificial nutritional support, preferably via a nutrition team including Dietary supplements, Enteral nutrition and Parenteral nutrition Metabolic and endocrine disorders • History and examination in patients with endocrine and electrolyte disorders • Investigation and management of thyrotoxicosis and hypothyroidism • Investigation and management of hypercalcaemia and hypocalcaemia • Peri-operative management of patients on steroid therapy • Peri-operative management of diabetic patients • Investigation and management of hyponatraemia • Investigation and management of hyperkalaemia and hypokalaemia Delirium 3 Assessment of cognitive impairment seeking to differentiate dementia from delirium, with the knowledge that delirium is common in people with dementia 3 Management of patients with delirium including addressing triggers and using non-pharmacological and pharmacological methods where appropriate 3 Explanation of delirium to patients and advocates
Technical Skills and Procedures	Central venous line insertion Urethral catheterisation

Module 6	**Assessment and management of patients with trauma (including the multiply injured patient)**
Objective	Assess and initiate management of patients with chest trauma • who have sustained a head injury • who have sustained a spinal cord injury • who have sustained abdominal and urogenital trauma • who have sustained vascular trauma • who have sustained a single or multiple fractures or dislocations • who have sustained traumatic skin and soft tissue injury • who have sustained burns • Safely assess the multiply injured patient. • Contextualise any combination of the above • Be able to prioritise management in such situation as defined by ATLS, APLS etc It is expected that trainees will be able to show evidence of competence in the management of trauma (ATLS / APLS certificate or equivalent).
Knowledge	General • Scoring systems for assessment of the injured patient • Major incident triage

	• Differences In children Shock • Pathogenesis of shock • Shock and cardiovascular physiology • Metabolic response to injury • Adult respiratory distress syndrome • Indications for using uncross matched blood Wounds and soft tissue injuries • Gunshot and blast injuries • Stab wounds • Human and animal bites • Nature and mechanism of soft tissue injury • Principles of management of soft tissue injuries • Principles of management of traumatic wounds • Compartment syndrome Burns • Classification of burns • Principle of management of burns Fractures • Classification of fractures • Pathophysiology of fractures • Principles of management of fractures • Complications of fractures • Joint injuries Organ specific trauma • Pathophysiology of thoracic trauma • Pneumothorax • Head injuries including traumatic intracranial haemorrhage and brain injury • Spinal cord injury • Peripheral nerve injuries • Blunt and penetrating abdominal trauma • Including spleen • Vascular injury including iatrogenic injuries and intravascular drug abuse • Crush injury • Principles of management of skin loss including use of skin grafts and skin flaps
Clinical Skills	General History and examination Investigation Referral to appropriate surgical subspecialties Resuscitation and early management of patient who has sustained thoracic, head, spinal, abdominal or limb injury according to ATLS® and APLS guidelines Resuscitation and early management of the multiply injured patient Specific problems • Management of the unconscious patient • Initial management of skin loss • Initial management of burns • Prevention and early management of the compartment syndrome
Technical Skills and Procedures	Central venous line insertion Chest drain insertion Diagnostic peritoneal lavage Urethral catheterisation Suprapubic catheterisation

Module 7	Surgical care of the Paediatric patient
Objective	To assess and manage children with surgical problems, understanding the similarities and differences from adult surgical patients To understand the issues of child protection and to take action as appropriate
Knowledge	• Physiological and metabolic response to injury and surgery • Fluid and electrolyte balance • Thermoregulation Safe prescribing in children • Principles of vascular access in children • Working knowledge of trust and Local Safeguarding Children Boards (LSCBs) and Child Protection Procedures • Basic understanding of child protection law • Understanding of Children's rights • Working knowledge of types and categories of child maltreatment, presentations, signs and other features (primarily physical, emotional, sexual, neglect, professional) • Understanding of one personal role, responsibilities and appropriate referral patterns in child protection • Understanding of the challenges of working in partnership with children and families • Recognise the possibility of abuse or maltreatment • Recognise limitations of own knowledge and experience and seek appropriate expert advice • Urgently consult immediate senior in surgery to enable referral to paediatricians • Keep appropriate written documentation relating to child protection matters • Communicate effectively with those involved with child protection, including children and their families
Clinical Skills	History and examination of the neonatal surgical patient History and examination of paediatric surgical patient Assessment of respiratory and cardiovascular status Undertake consent for surgical procedures (appropriate to the level of training) in paediatric patients

Module 8	Management of the dying patient
Objective	Ability to manage the dying patient appropriately. To understand consent and ethical issues in patients certified DNAR (do not attempt resuscitation) Palliative Care: Good management of the dying patient in consultation with the palliative care team.
Knowledge	Palliative Care: • Care of the terminally ill • Appropriate use of analgesia, antiemetics and laxatives Principles of organ donation: • Circumstances in which consideration of organ donation is appropriate • Principles of brain death Understanding the role of the coroner and the certification of death
Clinical Skills	Palliative Care: • Symptom control in the terminally ill patient Principles of organ donation: • Assessment of brain stem death • Certification of death

Module 9	Organ and Tissue transplantation
Objective	To understand the principles of organ and tissue transplantation
Knowledge	• Principles of transplant immunology including tissue typing, acute, hyperactute and chronic rejection

	• Principles of immunosuppression • Tissue donation and procurement • Indications for whole organ transplantation

Module 10	**Health Promotion**
General Aspects	
Objective	This syllabus module aims to enable all surgical trainees to develop the competencies necessary to support patients in caring for themselves, to empower them to improve and maintain their own health.
Knowledge	• Damaging health and social issues such as excessive alcohol consumption, obesity, smoking and illicit drugs and the harmful effects they have on health • The connection between mental health and physical health • The importance of health education for promoting self-care for patients
Clinical Skills	3 Modification of explanations to match the intellectual, social and cultural background of individual patients 3 Patient centred care 4 Identification and utilisation of opportunities to promote health
Reference to other relevant syllabus items	• Nutrition (Module 5, Perioperative Care) • Drugs and alcohol (Module 1, Pharmacology) • Screening (Module 1, Pathology) • Child protection (Module 7, Surgical Care of the Paediatric Patient)
Obesity	
Objective	• Recognise the health risks posed by obesity including an increased incidence of coronary heart disease, type 2 diabetes, hypertension, stroke, and some major cancers. • Assess and explain the higher risks for obese individuals undergoing surgery.
Knowledge	• Classification of excess body mass • Social, psychological and environmental factors that underpin obesity • Physiological and metabolic effects of obesity on the surgical patient • Available treatments for obesity including diet, exercise, medication and surgery
Clinical Skills	4 The ability to treat patients who are obese in a supportive and sensitive manner 3 Management of cardiovascular, respiratory and metabolic complications in patients with obesity undergoing surgery 2 Provide advice and guidance about weight loss to overweight and obese patients within the context of a multidisciplinary team

Dementia	
Objective	• Adapt surgical treatment in order to deliver high quality and person-centred care for patients with dementia • Apply the appropriate legal framework to the treatment of patients with cognitive impairment
Knowledge	• Clinical features of dementia and the distinction between it and delirium • The impact of dementia on patient, family and carers • Principles and key provisions of the Mental Capacity Act 2005 and its provisions for the safeguarding of vulnerable adults
Clinical Skills	3 Recognises cognitive impairment and appropriately refers 2 Management of surgical patients in the context of their dementia 4 A range of techniques and strategies to communicate effectively with people with dementia and their carers/families 4 Assessment of capacity, involvement of advocates and documentation of consent and best interests
Exercise and physical fitness	
Objective	• Promote the use of exercise in the prevention and management of long term chronic conditions such as coronary heart disease, diabetes, hypertension, obesity, cancer, osteoporosis, peripheral vascular disease and depression and the promotion of health and well being
Knowledge	• Physical inactivity as an independent risk factor for ill health and obesity • Relationship between physical exercise programmes and healthy eating and smoking cessation programmes • Government behaviour change programmes such as ‘Let’s Get Moving’ and ‘Shift into Sports’
Clinical Skills	4 Utilisation of all patient interactions as opportunities for health and fitness promotion 4 Modification of advice on physical exercise to the specific requirements of individual patients